

Middle Speciale - Speciale Middle

Virton - Rabais 26.8.2023

SUD O LUX

Claudia ROOMAN

Antwerp Orienteers

Circuit : D:Parcours 3

Distance : 4860m (Dénivelé 180m)

Temps : 0:59:54 (12'20"/km)

2/6

O.K.

[Résultats complets sur Webres](#)

1. Jessica LIMPACH	0:58:35
3. Ellen BOURGONJON	1:10:52

1.	190	00:03:28		404m	8'35"/km
2.	168	00:00:58	00:04:26	106m	9'07"/km
3.	237	00:01:40	00:06:06	125m	13'20"/km
4.	240	00:07:31	00:13:37	665m	11'18"/km
5.	186	00:07:31	00:21:08	633m	11'52"/km
6.	193	00:02:18	00:23:26	176m	13'04"/km
7.	176	00:05:34	00:29:00	374m	14'53"/km
8.	177	00:06:08	00:35:08	147m	41'43"/km
9.	181	00:05:01	00:40:09	576m	8'43"/km
10.	194	00:05:35	00:45:44	145m	38'30"/km
11.	178	00:00:42	00:46:26	66m	10'36"/km
12.	195	00:04:01	00:50:27	325m	12'22"/km
13.	189	00:04:33	00:55:00	423m	10'45"/km
14.	183	00:03:33	00:58:33	356m	9'58"/km
15.	255	00:00:40	00:59:13	121m	5'31"/km
16.	999	00:00:41	00:59:54	102m	6'42"/km

Orienteering Software