



Ghent City Run

Ghent 20.8.2023

ASOM

Karen JOHNS

Ghent City Run

Omloop : D:Ghent City Run

Afstand : 6190m

Tijd : 2:10:01 (21'00"/km)

17/21

O.K.

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- | | |
|-----------------------|---------|
| 1. Lucie ARNO | 0:33:49 |
| 2. Cristina DE PETTER | 0:37:02 |
| 3. Lien DE BACKER | 0:39:33 |

1.	31	00:03:19		89m	37'16"/km
2.	38	00:02:22	00:05:41	124m	19'05"/km
3.	115	00:00:53	00:06:34	33m	26'46"/km
4.	57	00:03:20	00:09:54	196m	17'00"/km
5.	80	00:02:27	00:12:21	152m	16'07"/km
6.	51	00:02:59	00:15:20	192m	15'32"/km
7.	86	00:06:49	00:22:09	300m	22'43"/km
8.	87	00:05:53	00:28:02	126m	46'42"/km
9.	88	00:02:04	00:30:06	84m	24'36"/km
10.	104	00:03:14	00:33:20	195m	16'35"/km
11.	103	00:03:23	00:36:43	222m	15'14"/km
12.	112	00:23:54	01:00:37	287m	83'17"/km
13.	96	00:03:22	01:03:59	39m	86'19"/km
14.	81	00:16:05	01:20:04	361m	44'33"/km
15.	113	00:02:19	01:22:23	88m	26'20"/km
16.	42	00:02:30	01:24:53	129m	19'23"/km
17.	99	00:04:07	01:29:00	244m	16'52"/km
18.	106	00:03:05	01:32:05	54m	57'06"/km
19.	75	00:10:44	01:42:49	543m	19'46"/km
20.	41	00:03:59	01:46:48	93m	42'50"/km
21.	62	00:03:33	01:50:21	152m	23'21"/km
22.	110	00:03:35	01:53:56	160m	22'24"/km
23.	78	00:03:32	01:57:28	179m	19'44"/km
24.	98	00:02:05	01:59:33	110m	18'56"/km
25.	114	00:01:25	02:00:58	87m	16'17"/km
26.	43	00:03:09	02:04:07	87m	36'12"/km
27.	999	00:05:54	02:10:01	73m	80'49"/km

Orienteering Software