



Ghent City Run

Ghent 20.8.2023

ASOM

Lucie ARNO

Ghent City Run

Omloop : D:Ghent City Run

Afstand : 6190m

Tijd : 0:33:49 (5'28"/km)

1/21

O.K.

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- | | |
|-----------------------|---------|
| 2. Cristina DE PETTER | 0:37:02 |
| 3. Lien DE BACKER | 0:39:33 |

1.	31	00:00:59		89m	11'03"/km
2.	38	00:00:45	00:01:44	124m	6'03"/km
3.	115	00:00:18	00:02:02	33m	9'05"/km
4.	57	00:01:14	00:03:16	196m	6'18"/km
5.	80	00:01:05	00:04:21	152m	7'08"/km
6.	51	00:01:07	00:05:28	192m	5'49"/km
7.	86	00:02:03	00:07:31	300m	6'50"/km
8.	87	00:02:18	00:09:49	126m	18'15"/km
9.	88	00:00:45	00:10:34	84m	8'56"/km
10.	104	00:01:11	00:11:45	195m	6'04"/km
11.	103	00:01:19	00:13:04	222m	5'56"/km
12.	112	00:02:41	00:15:45	287m	9'21"/km
13.	96	00:00:53	00:16:38	39m	22'39"/km
14.	81	00:02:30	00:19:08	361m	6'56"/km
15.	113	00:00:52	00:20:00	88m	9'51"/km
16.	42	00:00:55	00:20:55	129m	7'06"/km
17.	99	00:01:26	00:22:21	244m	5'52"/km
18.	106	00:01:14	00:23:35	54m	22'50"/km
19.	75	00:03:38	00:27:13	543m	6'41"/km
20.	41	00:01:09	00:28:22	93m	12'22"/km
21.	62	00:01:15	00:29:37	152m	8'13"/km
22.	110	00:01:00	00:30:37	160m	6'15"/km
23.	78	00:01:13	00:31:50	179m	6'48"/km
24.	98	00:00:47	00:32:37	110m	7'07"/km
25.	114	00:00:35	00:33:12	87m	6'42"/km
26.	43	00:00:24	00:33:36	87m	4'36"/km
27.	999	00:00:13	00:33:49	73m	2'58"/km

Orienteering Software