



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Tobias ALSTAD

Team Norway

Course : M ELITE

Distance : 4300m

Time : 0:15:05 (3'30"/km)

18/115

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Tuomas HEIKKILÄ | 0:14:13 |
| 2. Yannick MICHIELS | 0:14:14 |
| 3. Adrien DELENNE | 0:14:23 |

1.	49	00:00:32		101m	5'17"/km
2.	53	00:00:13	00:00:45	66m	3'17"/km
3.	40	00:01:24	00:02:09	199m	7'02"/km
4.	34	00:02:45	00:04:54	542m	5'04"/km
5.	35	00:01:06	00:06:00	238m	4'37"/km
6.	151	00:00:49	00:06:49	183m	4'28"/km
7.	36	00:00:15	00:07:04	64m	3'54"/km
8.	37	00:00:29	00:07:33	59m	8'12"/km
9.	50	00:00:27	00:08:00	83m	5'25"/km
10.	51	00:00:20	00:08:20	65m	5'08"/km
11.	52	00:01:47	00:10:07	337m	5'18"/km
12.	33	00:00:39	00:10:46	105m	6'11"/km
13.	152	00:01:46	00:12:32	343m	5'09"/km
14.	47	00:00:39	00:13:11	180m	3'37"/km
15.	46	00:00:43	00:13:54	133m	5'23"/km
16.	45	00:00:27	00:14:21	99m	4'33"/km
17.	44	00:00:26	00:14:47	66m	6'34"/km
18.	43	00:00:09	00:14:56	32m	4'41"/km
19.	999	00:00:09	00:15:05	73m	2'03"/km

Orienteering Software