



## ASOM 2023 - Sprint 1

Ghent 19.8.2023

ASOM

**Paul CROTHERS**

Antwerp Orienteers

Course : M SUPERVET

Distance : 3220m

Time : 0:25:59 (8'04"/km)

**26/43**

O.K.

[Full result on Webres](#)

|                    |         |
|--------------------|---------|
| 1. Quentin HARDING | 0:15:51 |
| 2. Martin WARD     | 0:15:57 |
| 3. Ian MAXWELL     | 0:17:11 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 78  | 00:01:11 |          | 172m | 6'53"/km  |
| 2.  | 94  | 00:00:32 | 00:01:43 | 75m  | 7'07"/km  |
| 3.  | 32  | 00:00:28 | 00:02:11 | 49m  | 9'31"/km  |
| 4.  | 79  | 00:01:06 | 00:03:17 | 98m  | 11'13"/km |
| 5.  | 33  | 00:00:20 | 00:03:37 | 51m  | 6'32"/km  |
| 6.  | 34  | 00:00:24 | 00:04:01 | 44m  | 9'05"/km  |
| 7.  | 82  | 00:00:55 | 00:04:56 | 163m | 5'37"/km  |
| 8.  | 36  | 00:01:15 | 00:06:11 | 158m | 7'55"/km  |
| 9.  | 96  | 00:01:01 | 00:07:12 | 166m | 6'07"/km  |
| 10. | 38  | 00:00:37 | 00:07:49 | 101m | 6'06"/km  |
| 11. | 151 | 00:01:12 | 00:09:01 | 160m | 7'30"/km  |
| 12. | 103 | 00:00:27 | 00:09:28 | 49m  | 9'11"/km  |
| 13. | 101 | 00:00:23 | 00:09:51 | 57m  | 6'44"/km  |
| 14. | 88  | 00:00:15 | 00:10:06 | 31m  | 8'04"/km  |
| 15. | 89  | 00:00:39 | 00:10:45 | 66m  | 9'51"/km  |
| 16. | 39  | 00:00:47 | 00:11:32 | 105m | 7'28"/km  |
| 17. | 86  | 00:05:56 | 00:17:28 | 183m | 32'25"/km |
| 18. | 64  | 00:01:27 | 00:18:55 | 175m | 8'17"/km  |
| 19. | 41  | 00:01:00 | 00:19:55 | 148m | 6'45"/km  |
| 20. | 66  | 00:00:23 | 00:20:18 | 67m  | 5'43"/km  |
| 21. | 43  | 00:00:45 | 00:21:03 | 36m  | 20'50"/km |
| 22. | 152 | 00:01:47 | 00:22:50 | 149m | 11'58"/km |
| 23. | 61  | 00:00:50 | 00:23:40 |      |           |
| 24. | 60  | 00:01:07 | 00:24:47 | 69m  | 16'11"/km |
| 25. | 45  | 00:00:58 | 00:25:45 | 72m  | 13'26"/km |
| 26. | 999 | 00:00:14 | 00:25:59 | 74m  | 3'09"/km  |

Orienteering Software