



# ASOM 2023 - Sprint 1

Ghent 19.8.2023

## ASOM

**Remo RUCH**

Swiss Team

Course : M ELITE

Distance : 3970m

Time : 0:19:47 (4'59"/km)

**31/115**

O.K.

[Full result on Webres](#)

|                           |         |
|---------------------------|---------|
| 1. Markus KJÆRNER-SEMB    | 0:15:37 |
| 2. Alvaro GARCÍA BERNABEU | 0:15:45 |
| 3. Quim VICH DIAZ GUERRA  | 0:15:59 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 75  | 00:00:45 |          | 123m | 6'06"/km  |
| 2.  | 32  | 00:00:34 | 00:01:19 | 57m  | 9'56"/km  |
| 3.  | 77  | 00:00:29 | 00:01:48 | 81m  | 5'58"/km  |
| 4.  | 78  | 00:00:31 | 00:02:19 | 87m  | 5'56"/km  |
| 5.  | 47  | 00:00:19 | 00:02:38 | 70m  | 4'31"/km  |
| 6.  | 76  | 00:00:39 | 00:03:17 | 95m  | 6'51"/km  |
| 7.  | 80  | 00:00:29 | 00:03:46 | 87m  | 5'33"/km  |
| 8.  | 81  | 00:00:26 | 00:04:12 | 98m  | 4'25"/km  |
| 9.  | 83  | 00:02:35 | 00:06:47 | 444m | 5'49"/km  |
| 10. | 84  | 00:01:47 | 00:08:34 | 290m | 6'09"/km  |
| 11. | 38  | 00:00:29 | 00:09:03 | 83m  | 5'49"/km  |
| 12. | 85  | 00:00:25 | 00:09:28 | 56m  | 7'26"/km  |
| 13. | 86  | 00:01:05 | 00:10:33 | 178m | 6'05"/km  |
| 14. | 87  | 00:01:29 | 00:12:02 | 228m | 6'30"/km  |
| 15. | 43  | 00:00:22 | 00:12:24 | 67m  | 5'28"/km  |
| 16. | 88  | 00:01:29 | 00:13:53 | 198m | 7'29"/km  |
| 17. | 89  | 00:00:34 | 00:14:27 | 66m  | 8'35"/km  |
| 18. | 91  | 00:00:49 | 00:15:16 | 140m | 5'50"/km  |
| 19. | 59  | 00:00:17 | 00:15:33 | 56m  | 5'04"/km  |
| 20. | 92  | 00:00:44 | 00:16:17 | 124m | 5'55"/km  |
| 21. | 67  | 00:00:29 | 00:16:46 | 77m  | 6'17"/km  |
| 22. | 61  | 00:01:26 | 00:18:12 | 139m | 10'19"/km |
| 23. | 138 | 00:00:23 | 00:18:35 | 76m  | 5'03"/km  |
| 24. | 60  | 00:00:09 | 00:18:44 |      |           |
| 25. | 45  | 00:00:45 | 00:19:29 | 72m  | 10'25"/km |
| 26. | 999 | 00:00:18 | 00:19:47 | 74m  | 4'03"/km  |

Orienteering Software