



TRAIL RUN F5 - ETAPA 5
PILAR - AL 20.8.2023
TRAIL RUN F5

Horleyde Maria De Almeida

MQC

Course : 12 KM SOLO FEMININO 50-59

Distance : 12000m (Climbing 244m)

Time : 2:13:51,796 (11'09"/km)

5/5

O.K.

[Full result on Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Rita Lima | 1:30:57,804 |
| 2. Nelbi Oliveira | 1:37:10,460 |
| 3. Aurizelia Lopes Dos Santos | 1:44:10,039 |

1.	70	00:32:56		4180m	7'53"/km	FIM DO DESAFIO
2.	73	01:09:30	01:42:26	6350m	10'57"/km	RETORNO 12KM
3.	999	00:31:25	02:13:51	1570m	20'01"/km	CHEGADA

