



TRAIL RUN F5 - ETAPA 5

PILAR - AL 20.8.2023

TRAIL RUN F5

Luana Ferreira

KAMIKAZE ADVENTURE PILAR

Course : 12 KM SOLO FEMININO 18-29

Distance : 12000m (Climbing 244m)

Time : 1:58:04,171 (9'50"/km)

8/12

O.K.

[Full result on Webres](#)

1. Alessandra Dantas Monteiro	1:27:49,691
2. Amanda Aléxia	1:31:52,250
3. Amanda Ferreira	1:32:44,925

1.	70	00:26:42		4180m	6'23"/km	FIM DO DESAFIO
2.	73	01:03:20	01:30:02	6350m	9'58"/km	RETORNO 12KM
3.	999	00:28:02	01:58:04	1570m	17'51"/km	CHEGADA

HELGA



Orienteering Software