



TRAIL RUN F5 - ETAPA 5

PILAR - AL 20.8.2023

TRAIL RUN F5

Fábio Ismael Barbosa

INSPIRE ASSESSORIA ESPORTIVA

Course : 12 KM SOLO MASCULINO

Distance : 12000m (Climbing 244m)

Time : 1:24:34,097 (7'03"/km)

37/66

O.K.

[Full result on Webres](#)

1. Flávio	0:56:51,109
2. Johny Ewerton	1:00:35,917
3. Rafael João Da Silva João	1:00:55,425

1.	70	00:20:45		4180m	4'58"/km	FIM DO DESAFIO
2.	73	00:43:46	01:04:31	6350m	6'54"/km	RETORNO 12KM
3.	999	00:20:03	01:24:34	1570m	12'46"/km	CHEGADA

HELGA



Orienteering Software