



## 4 days of Limburg - Day 4

Zandberg 15.8.2023

Omega

**Tille DE SMUL**

Omega

Omloop : O-H\_short

Afstand : 4030m

Tijd : 0:40:06 (9'57"/km)

3/35

O.K.

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- |                  |         |
|------------------|---------|
| 1. Jeroen HOEKX  | 0:35:44 |
| 2. Thomas JANSEN | 0:35:58 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 180 | 00:08:21 |          | 431m | 19'22"/km |
| 2.  | 124 | 00:01:47 | 00:10:08 | 256m | 6'58"/km  |
| 3.  | 181 | 00:01:36 | 00:11:44 | 199m | 8'02"/km  |
| 4.  | 119 | 00:03:55 | 00:15:39 | 525m | 7'28"/km  |
| 5.  | 140 | 00:02:56 | 00:18:35 | 292m | 10'03"/km |
| 6.  | 132 | 00:01:03 | 00:19:38 | 144m | 7'18"/km  |
| 7.  | 152 | 00:04:12 | 00:23:50 | 215m | 19'32"/km |
| 8.  | 136 | 00:02:32 | 00:26:22 | 286m | 8'51"/km  |
| 9.  | 169 | 00:02:08 | 00:28:30 | 240m | 8'53"/km  |
| 10. | 138 | 00:05:06 | 00:33:36 | 613m | 8'19"/km  |
| 11. | 160 | 00:04:46 | 00:38:22 | 495m | 9'38"/km  |
| 12. | 100 | 00:01:22 | 00:39:44 | 173m | 7'54"/km  |
| 13. | 999 | 00:00:22 | 00:40:06 | 159m | 2'18"/km  |

HELGA

Orienteering Software