



4 days of Limburg - Day 4

Zandberg 15.8.2023

Omega

Laurent CHAMPIGNY

ACA Aix En Provence

Omloop : M45

Afstand : 7980m

Tijd : 1:05:43 (8'14"/km)

3/19

O.K.

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- | | |
|---------------------|---------|
| 1. Alistair LANDELS | 0:56:56 |
| 2. Andrew SIMPSON | 1:04:24 |

1.	172	00:03:59		526m	7'34"/km
2.	186	00:03:38	00:07:37	456m	7'58"/km
3.	129	00:04:24	00:12:01	638m	6'54"/km
4.	130	00:03:02	00:15:03	364m	8'20"/km
5.	187	00:04:20	00:19:23	424m	10'13"/km
6.	154	00:00:36	00:19:59	97m	6'11"/km
7.	178	00:09:13	00:29:12	1289m	7'09"/km
8.	132	00:01:18	00:30:30	134m	9'42"/km
9.	147	00:03:36	00:34:06	512m	7'02"/km
10.	139	00:02:48	00:36:54	373m	7'30"/km
11.	137	00:05:05	00:41:59	497m	10'14"/km
12.	169	00:03:28	00:45:27	321m	10'48"/km
13.	176	00:01:58	00:47:25	280m	7'01"/km
14.	135	00:02:58	00:50:23	334m	8'53"/km
15.	165	00:03:50	00:54:13	417m	9'12"/km
16.	175	00:04:58	00:59:11	363m	13'41"/km
17.	138	00:02:50	01:02:01	218m	13'00"/km
18.	161	00:02:13	01:04:14	356m	6'14"/km
19.	100	00:00:52	01:05:06	178m	4'52"/km
20.	999	00:00:37	01:05:43	159m	3'53"/km

Orienteering Software