



4 days of Limburg - Day 4

Zandberg 15.8.2023

Omega

Sarah BOURY

Noyon Course d'Orientation

Omloop : WB

Afstand : 4620m

Tijd : 1:51:43 (24'11"/km)

5/8

O.K.

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- | | |
|------------------------|---------|
| 1. Siel DE SMUL | 0:52:22 |
| 2. Sien VERDEYEN | 1:09:08 |
| 3. Vanessa VAN BREEDAM | 1:27:26 |

1.	179	00:04:04		252m	16'08"/km
2.	139	00:02:27	00:06:31	124m	19'45"/km
3.	149	00:10:28	00:16:59	597m	17'32"/km
4.	167	00:09:01	00:26:00	164m	54'59"/km
5.	156	00:03:04	00:29:04	145m	21'09"/km
6.	166	00:02:49	00:31:53	116m	24'17"/km
7.	164	00:02:40	00:34:33	155m	17'12"/km
8.	163	00:04:50	00:39:23	316m	15'18"/km
9.	176	00:09:30	00:48:53	295m	32'12"/km
10.	175	00:12:01	01:00:54	410m	29'19"/km
11.	155	00:04:07	01:05:01	132m	31'11"/km
12.	124	00:15:27	01:20:28	834m	18'32"/km
13.	180	00:09:04	01:29:32	256m	35'25"/km
14.	160	00:15:34	01:45:06	445m	34'59"/km
15.	100	00:05:35	01:50:41	173m	32'16"/km
16.	999	00:01:02	01:51:43	159m	6'30"/km

Orienteering Software