

ALLSTAR TRAIL RUN ETAPA 3 - META O LOKO
RIO LARGO - AL 6.8.2023
ALLSTAR**Elton Elbert Viana Nunes**

FLOR DE CACTOS - CORURIBE

Course : 12 KM SOLO MASCULINO

Distance : 10000m (Climbing 320m)

Time : 1:27:33,609 (8'45"/km)

34/48

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------|-------------|
| 1. José Julio Do Nascimento | 0:51:21,542 |
| 2. Jederson Barros | 0:55:10,683 |
| 3. José Flávio Dos Santos | 0:55:11,910 |

1.	71	00:30:58		2750m	11'16"/km	DIVISÃO 1
2.	74	00:00:27	00:31:25	50m	9'00"/km	RETORNO ALÇA 1 - 12KM
3.	72	00:23:53	00:55:18	3390m	7'03"/km	DIVISÃO 2
4.	73	00:08:57	01:04:15	1170m	7'39"/km	RETORNO ALÇA 2 - 12KM
5.	999	00:23:18	01:27:33	2700m	8'38"/km	CHEGADA

HELGA



Orienteering Software