

Holven

Pelt 6.8.2023

hamok

Thomas GEUDENS

K.O.L.

Omloop : H:01

Afstand : 8190m

Tijd : 1:19:57 (9'46"/km)

11/19

O.K.

[Volledige uitslagen op Webres](#)

1. Nico CEUNEN	0:50:05
2. Yannick MICHIELS	0:55:36
3. Roland VAN LOON	1:01:33

1.	31	00:03:08		197m	15'54"/km
2.	32	00:02:20	00:05:28	247m	9'27"/km
3.	33	00:00:46	00:06:14	90m	8'31"/km
4.	34	00:03:20	00:09:34	448m	7'26"/km
5.	35	00:02:01	00:11:35	165m	12'13"/km
6.	36	00:01:24	00:12:59	147m	9'31"/km
7.	37	00:02:53	00:15:52	349m	8'16"/km
8.	38	00:03:54	00:19:46	569m	6'51"/km
9.	39	00:01:23	00:21:09	179m	7'44"/km
10.	40	00:03:05	00:24:14	427m	7'13"/km
11.	41	00:01:08	00:25:22	95m	11'56"/km
12.	42	00:02:00	00:27:22	212m	9'26"/km
13.	43	00:03:56	00:31:18	515m	7'38"/km
14.	48	00:01:01	00:32:19	106m	9'35"/km
15.	39	00:01:07	00:33:26	152m	7'21"/km
16.	49	00:00:46	00:34:12	96m	7'59"/km
17.	47	00:03:14	00:37:26	396m	8'10"/km
18.	50	00:05:25	00:42:51	457m	11'51"/km
19.	51	00:05:01	00:47:52	144m	34'50"/km
20.	56	00:03:40	00:51:32	279m	13'09"/km
21.	55	00:03:26	00:54:58	161m	21'20"/km
22.	54	00:03:33	00:58:31	343m	10'21"/km
23.	53	00:03:09	01:01:40	104m	30'17"/km
24.	52	00:02:54	01:04:34	170m	17'04"/km
25.	46	00:07:14	01:11:48	1171m	6'11"/km
26.	57	00:00:54	01:12:42	123m	7'19"/km
27.	58	00:02:06	01:14:48	209m	10'03"/km
28.	45	00:03:04	01:17:52	324m	9'28"/km
29.	44	00:01:25	01:19:17	196m	7'14"/km
30.	999	00:00:40	01:19:57	118m	5'39"/km