



Treino Clínica COPRIN 1

SEST SENAT 5.8.2023

Clube de Orientação Princesa dos Campos

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Clube de Orientação Princesa dos Campos

Percurso : Adulto 1

Distancia : 2300m (Desnivel 40m)

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não classificado

[Resultados completos em Webres](#)

1.	80	00:00:38		108m	5'52"/km
2.	126	00:00:28	00:01:06	58m	8'03"/km
3.	92	00:01:42	00:02:48	68m	25'00"/km
4.	91	00:00:31	00:03:19	69m	7'29"/km
5.	125	00:01:02	00:04:21	143m	7'14"/km
6.	126	00:00:37	00:04:58	82m	7'31"/km
7.	74	00:00:48	00:05:46	112m	7'09"/km
8.	71	00:01:08	00:06:54	147m	7'43"/km
9.	135	00:00:42	00:07:36	91m	7'42"/km
10.	73	00:00:30	00:08:06	44m	11'22"/km
11.	138	00:01:53	00:09:59	160m	11'46"/km
12.	76	00:00:36	00:10:35	56m	10'43"/km
13.	136	00:01:04	00:11:39	144m	7'24"/km
14.	72	00:00:44	00:12:23	73m	10'03"/km
15.	94	00:03:43	00:16:06	354m	10'30"/km
16.	90	00:01:46	00:17:52	194m	9'06"/km
17.	97	00:01:13	00:19:05	147m	8'17"/km
18.	130	00:01:02	00:20:07	50m	20'40"/km
19.	127	00:00:57	00:21:04	75m	12'40"/km
20.	124	00:00:29	00:21:33	58m	8'20"/km
21.	999	00:00:05	00:21:38	21m	3'58"/km

Orienteering Software