



Treino 21 - 2023
Coudelaria de Campinas 4.8.2023
Clube de Orientação da EsPCEx

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Clube de Orientação da EsPCEx

Percurso : H21B.2

Distancia : 4400m (Desnivel 130m)

Tempo : 1:03:18 (14'23"/km)

3/6

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. João Carlos Da Silva | 0:49:46 |
| 2. Rhuan Marcelo Mota Garcia | 0:56:16 |

1.	43	00:08:43		433m	20'08"/km
2.	33	00:04:55	00:13:38	215m	22'52"/km
3.	34	00:02:58	00:16:36	117m	25'21"/km
4.	41	00:02:29	00:19:05	239m	10'23"/km
5.	43	00:01:38	00:20:43	282m	5'48"/km
6.	40	00:03:37	00:24:20	437m	8'17"/km
7.	38	00:08:54	00:33:14	223m	39'55"/km
8.	39	00:01:56	00:35:10	180m	10'44"/km
9.	37	00:04:20	00:39:30	459m	9'26"/km
10.	36	00:02:17	00:41:47	223m	10'14"/km
11.	42	00:04:25	00:46:12	319m	13'51"/km
12.	34	00:02:26	00:48:38	118m	20'37"/km
13.	32	00:00:00	00:48:38	124m	0'00"/km
14.	31	00:06:31	00:55:09	108m	60'20"/km
15.	35	00:05:47	01:00:56	232m	24'56"/km
16.	45	00:01:39	01:02:35	340m	4'51"/km
17.	44	00:02:30	01:05:05	203m	12'19"/km
18.	999	00:00:01	01:05:06	93m	0'11"/km

Orienteering Software