



Treino 21 - 2023
Coudelaria de Campinas 4.8.2023
Clube de Orientação da EsPCEx

Gabriel Rocha Braga

Clube de Orientação da EsPCEx

Course : H21B.1

Distance : 4400m (Climbing 130m)

Time : 1:08:23 (15'32"/km)

5/5

O.K.

[Full result on Webres](#)

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|------------------------------------|---------|
| 1. Leonardo Naysinger Arruda | 1:03:00 |
| 2. Everton Grégio Tavares | 1:04:11 |
| 3. João Pedro Carvalho De Oliveira | 1:05:06 |

1.	43	00:04:56		433m	11'24"/km
2.	41	00:02:26	00:07:22	282m	8'38"/km
3.	34	00:03:15	00:10:37	239m	13'36"/km
4.	33	00:03:42	00:14:19	117m	31'37"/km
5.	43	00:02:39	00:16:58	215m	12'20"/km
6.	40	00:04:17	00:21:15	437m	9'48"/km
7.	38	00:03:13	00:24:28	223m	14'25"/km
8.	39	00:01:48	00:26:16	180m	10'00"/km
9.	37	00:04:10	00:30:26	459m	9'05"/km
10.	36	00:02:36	00:33:02	223m	11'40"/km
11.	42	00:17:14	00:50:16	319m	54'01"/km
12.	34	00:05:20	00:55:36	118m	45'12"/km
13.	32	00:00:00	00:55:36	124m	0'00"/km
14.	31	00:06:31	01:02:07	108m	60'20"/km
15.	35	00:06:07	01:08:14	232m	26'22"/km
16.	45	00:01:12	01:09:26	340m	3'32"/km
17.	44	00:01:48	01:11:14	203m	8'52"/km
18.	999	00:00:00	01:11:14	93m	0'00"/km

Orienteering Software