



TRAIL RUN SIGNS - NO LIMITE - ETAPA 3

UNIÃO DOS PALMARES - AL 30.7.2023

NO LIMITE

Sebastiana Conceicao

TRILHA ADVENTURE

Course : EXTREME TRAIL FEMININO 60+

Distance : 11600m (Climbing 588m)

Time : 2:10:22,234 (11'14"/km)

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O.K.

[Full result on Webres](#)

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|----|---------------------------------|-------------|
| 1. | Maria Do Carmo Cruz Da Hora | 2:07:22,203 |
| 3. | Joselia Costa Alves Costa Alves | 2:56:40,644 |

1.	71	00:28:12		3200m	8'49"/km	CEMITERIO
2.	73	00:30:31	00:58:43	2380m	12'49"/km	IGREJA
3.	72	00:36:07	01:34:50	3000m	12'02"/km	DIVISÃO DE CATEGORIAS
4.	74	00:17:31	01:52:21	480m	36'30"/km	RETORNO EXTREME
5.	999	00:18:01	02:10:22	2600m	6'56"/km	CHEGADA

HELGA



Orienteering Software