



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Luiz Sergio Mendes

Clube de Orientação Tiradentes

Percurso : H55A

Distancia : 5800m (Desnivel 210m)

Tempo : 1:25:45 (14'47"/km) [Pontos : 28]

9/20

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------------|--------------|
| 1. José Carlos Pascotini | 0:57:54 [40] |
| 2. José Antonio Fernandes | 1:08:21 [37] |
| 3. José Braite | 1:10:57 [35] |

1.	320	00:09:20		863m	10'49"/km
2.	332	00:02:27	00:11:47	187m	13'06"/km
3.	334	00:02:13	00:14:00	172m	12'53"/km
4.	308	00:03:40	00:17:40	224m	16'22"/km
5.	336	00:07:46	00:25:26	438m	17'44"/km
6.	327	00:02:10	00:27:36	202m	10'44"/km
7.	319	00:08:00	00:35:36	329m	24'19"/km
8.	318	00:01:11	00:36:47	93m	12'43"/km
9.	339	00:09:28	00:46:15	671m	14'06"/km
10.	345	00:05:08	00:51:23	203m	25'17"/km
11.	337	00:02:29	00:53:52	167m	14'52"/km
12.	330	00:04:41	00:58:33	455m	10'18"/km
13.	328	00:05:02	01:03:35	171m	29'26"/km
14.	303	00:01:23	01:04:58	80m	17'17"/km
15.	335	00:07:39	01:12:37	338m	22'38"/km
16.	323	00:00:41	01:13:18	77m	8'52"/km
17.	338	00:07:50	01:21:08	376m	20'50"/km
18.	322	00:02:35	01:23:43	289m	8'56"/km
19.	31	00:01:31	01:25:14	211m	7'11"/km
20.	999	00:00:31	01:25:45	77m	6'43"/km

Orienteering Software