



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Symone Hernandez

Clube de Orientação Gralha Azul

Percurso : D40A

Distancia : 4500m (Desnivel 140m)

Tempo : 1:17:00 (17'07"/km) [Pontos : 37]

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O.K.

[Resultados completos em Webres](#)

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|----------------------------------|--------------|
| 1. Rosemeri Lueckmann | 1:13:59 [40] |
| 3. Janimara Lopes De Melo rempel | 1:18:10 [35] |

1.	347	00:06:16		340m	18'26"/km
2.	303	00:14:25	00:20:41	722m	19'58"/km
3.	328	00:01:41	00:22:22	80m	21'03"/km
4.	330	00:03:03	00:25:25	171m	17'50"/km
5.	301	00:03:33	00:28:58	291m	12'12"/km
6.	327	00:01:11	00:30:09	111m	10'40"/km
7.	317	00:03:16	00:33:25	195m	16'45"/km
8.	333	00:04:26	00:37:51	258m	17'11"/km
9.	308	00:02:46	00:40:37	141m	19'37"/km
10.	320	00:02:28	00:43:05	114m	21'38"/km
11.	352	00:03:58	00:47:03	335m	11'50"/km
12.	354	00:07:43	00:54:46	173m	44'36"/km
13.	334	00:05:01	00:59:47	263m	19'04"/km
14.	338	00:11:03	01:10:50	614m	18'00"/km
15.	322	00:03:32	01:14:22	289m	12'14"/km
16.	31	00:02:05	01:16:27	211m	9'52"/km
17.	999	00:00:33	01:17:00	77m	7'09"/km

Orienteering Software