



# VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

## Fazenda Chopim I - Palmas/PR 29.7.2023

### Cobra Clube de Orientação

**Priscilla Vieira Gonçalves**

Clube de Orientação Gralha Azul

Percurso : D21E

Distancia : 8300m (Desnivel 300m)

Tempo : 1:28:31 (10'40"/km) [Pontos : 37]

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O.K.

[Resultados completos em Webres](#)

- |                              |              |
|------------------------------|--------------|
| 1. Edineia Roniak Dos Santos | 1:23:57 [40] |
| 3. Juliane Heinrichs Peres   | 1:29:53 [35] |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 301 | 00:12:53 |          | 1295m | 9'57"/km  |
| 2.  | 327 | 00:00:59 | 00:13:52 | 111m  | 8'52"/km  |
| 3.  | 319 | 00:03:40 | 00:17:32 | 329m  | 11'09"/km |
| 4.  | 333 | 00:03:40 | 00:21:12 | 325m  | 11'17"/km |
| 5.  | 339 | 00:04:18 | 00:25:30 | 569m  | 7'33"/km  |
| 6.  | 337 | 00:04:00 | 00:29:30 | 270m  | 14'49"/km |
| 7.  | 302 | 00:02:22 | 00:31:52 | 268m  | 8'50"/km  |
| 8.  | 303 | 00:03:44 | 00:35:36 | 228m  | 16'22"/km |
| 9.  | 339 | 00:04:53 | 00:40:29 | 504m  | 9'41"/km  |
| 10. | 345 | 00:01:36 | 00:42:05 | 203m  | 7'53"/km  |
| 11. | 337 | 00:01:37 | 00:43:42 | 167m  | 9'41"/km  |
| 12. | 306 | 00:01:40 | 00:45:22 | 176m  | 9'28"/km  |
| 13. | 304 | 00:02:15 | 00:47:37 | 103m  | 21'51"/km |
| 14. | 343 | 00:04:38 | 00:52:15 | 316m  | 14'40"/km |
| 15. | 303 | 00:05:56 | 00:58:11 | 338m  | 17'33"/km |
| 16. | 334 | 00:06:50 | 01:05:01 | 677m  | 10'06"/km |
| 17. | 332 | 00:01:50 | 01:06:51 | 172m  | 10'40"/km |
| 18. | 350 | 00:01:54 | 01:08:45 | 246m  | 7'43"/km  |
| 19. | 321 | 00:01:41 | 01:10:26 | 199m  | 8'28"/km  |
| 20. | 353 | 00:01:44 | 01:12:10 | 142m  | 12'12"/km |
| 21. | 354 | 00:02:44 | 01:14:54 | 370m  | 7'23"/km  |
| 22. | 348 | 00:02:25 | 01:17:19 | 238m  | 10'09"/km |
| 23. | 331 | 00:08:56 | 01:26:15 | 470m  | 19'00"/km |
| 24. | 313 | 00:01:11 | 01:27:26 | 131m  | 9'02"/km  |
| 25. | 31  | 00:00:42 | 01:28:08 | 217m  | 3'14"/km  |
| 26. | 999 | 00:00:23 | 01:28:31 | 77m   | 4'59"/km  |

Orienteering Software