



# VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

## Fazenda Chopim I - Palmas/PR 29.7.2023

### Cobra Clube de Orientação

**Edineia Roniak Dos Santos**

Clube de Orientação Gralha Azul

Percurso : D21E

Distancia : 8300m (Desnivel 300m)

Tempo : 1:23:57 (10'07"/km) [Pontos : 40]

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O.K.

[Resultados completos em Webres](#)

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|-------------------------------|--------------|
| 2. Priscilla Vieira Gonçalves | 1:28:31 [37] |
| 3. Juliane Heinrichs Peres    | 1:29:53 [35] |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 301 | 00:16:10 |          | 1295m | 12'29"/km |
| 2.  | 327 | 00:00:51 | 00:17:01 | 111m  | 7'39"/km  |
| 3.  | 319 | 00:03:26 | 00:20:27 | 329m  | 10'26"/km |
| 4.  | 333 | 00:03:50 | 00:24:17 | 325m  | 11'48"/km |
| 5.  | 339 | 00:04:58 | 00:29:15 | 569m  | 8'44"/km  |
| 6.  | 345 | 00:01:57 | 00:31:12 | 203m  | 9'36"/km  |
| 7.  | 337 | 00:01:38 | 00:32:50 | 167m  | 9'47"/km  |
| 8.  | 306 | 00:01:24 | 00:34:14 | 176m  | 7'57"/km  |
| 9.  | 304 | 00:01:21 | 00:35:35 | 103m  | 13'06"/km |
| 10. | 343 | 00:04:24 | 00:39:59 | 316m  | 13'55"/km |
| 11. | 303 | 00:05:10 | 00:45:09 | 338m  | 15'17"/km |
| 12. | 339 | 00:05:06 | 00:50:15 | 504m  | 10'07"/km |
| 13. | 337 | 00:02:54 | 00:53:09 | 270m  | 10'44"/km |
| 14. | 302 | 00:02:41 | 00:55:50 | 268m  | 10'01"/km |
| 15. | 303 | 00:02:18 | 00:58:08 | 228m  | 10'05"/km |
| 16. | 334 | 00:06:47 | 01:04:55 | 677m  | 10'01"/km |
| 17. | 332 | 00:01:30 | 01:06:25 | 172m  | 8'43"/km  |
| 18. | 350 | 00:02:09 | 01:08:34 | 246m  | 8'44"/km  |
| 19. | 321 | 00:01:17 | 01:09:51 | 199m  | 6'27"/km  |
| 20. | 353 | 00:01:48 | 01:11:39 | 142m  | 12'41"/km |
| 21. | 354 | 00:02:55 | 01:14:34 | 370m  | 7'53"/km  |
| 22. | 348 | 00:02:31 | 01:17:05 | 238m  | 10'34"/km |
| 23. | 331 | 00:04:35 | 01:21:40 | 470m  | 9'45"/km  |
| 24. | 313 | 00:01:02 | 01:22:42 | 131m  | 7'53"/km  |
| 25. | 31  | 00:00:48 | 01:23:30 | 217m  | 3'41"/km  |
| 26. | 999 | 00:00:27 | 01:23:57 | 77m   | 5'51"/km  |

Orienteering Software