



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Tiago Cunha Souza

Associação Desportiva Alm. Adalberto
Nunes

Percurso : H21E

Distancia : 11000m (Desnivel 420m)

Tempo : 1:32:37 (8'25"/km) [Pontos : 26]

11/34

O.K.

[Resultados completos em Webres](#)

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|---------------------------|--------------|
| 1. Fábio Kuczkoski | 1:10:23 [40] |
| 2. Flademir Rudinei Groos | 1:20:35 [37] |
| 3. Claudinei Nitsch | 1:21:20 [35] |

1.	347	00:03:05		340m	9'04"/km
2.	338	00:02:18	00:05:23	308m	7'28"/km
3.	324	00:01:20	00:06:43	178m	7'29"/km
4.	317	00:07:56	00:14:39	807m	9'50"/km
5.	318	00:01:30	00:16:09	162m	9'16"/km
6.	303	00:05:42	00:21:51	663m	8'36"/km
7.	302	00:04:14	00:26:05	228m	18'34"/km
8.	337	00:02:43	00:28:48	268m	10'08"/km
9.	339	00:01:43	00:30:31	270m	6'21"/km
10.	345	00:01:25	00:31:56	203m	6'59"/km
11.	306	00:07:50	00:39:46	245m	31'58"/km
12.	343	00:04:20	00:44:06	408m	10'37"/km
13.	303	00:03:28	00:47:34	338m	10'15"/km
14.	339	00:04:03	00:51:37	504m	8'02"/km
15.	336	00:02:09	00:53:46	269m	8'00"/km
16.	327	00:01:07	00:54:53	202m	5'32"/km
17.	307	00:03:49	00:58:42	688m	5'33"/km
18.	305	00:02:41	01:01:23	210m	12'47"/km
19.	348	00:11:36	01:12:59	1506m	7'42"/km
20.	354	00:01:55	01:14:54	238m	8'03"/km
21.	353	00:02:05	01:16:59	370m	5'38"/km
22.	321	00:01:33	01:18:32	142m	10'55"/km
23.	350	00:01:41	01:20:13	199m	8'28"/km
24.	320	00:02:38	01:22:51	433m	6'05"/km
25.	323	00:03:19	01:26:10	300m	11'03"/km
26.	325	00:03:54	01:30:04	456m	8'33"/km
27.	31	00:02:10	01:32:14	483m	4'29"/km
28.	999	00:00:23	01:32:37	77m	4'59"/km

Orienteeing Software