



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Claudinei Nitsch

Casa dos Subtenentes e Sargentos de
Santo Ângelo

Percurso : H21E

Distancia : 11000m (Desnivel 420m)

Tempo : 1:21:20 (7'24"/km) [Pontos : 35]

3/34

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------------|--------------|
| 1. Fábio Kuczkoski | 1:10:23 [40] |
| 2. Flademir Rudinei Groos | 1:20:35 [37] |

1.	347	00:02:11		340m	6'25"/km
2.	338	00:02:22	00:04:33	308m	7'41"/km
3.	324	00:01:28	00:06:01	178m	8'14"/km
4.	317	00:07:52	00:13:53	807m	9'45"/km
5.	318	00:01:04	00:14:57	162m	6'35"/km
6.	303	00:04:52	00:19:49	663m	7'20"/km
7.	339	00:03:50	00:23:39	504m	7'36"/km
8.	345	00:01:20	00:24:59	203m	6'34"/km
9.	306	00:01:36	00:26:35	245m	6'32"/km
10.	343	00:03:13	00:29:48	408m	7'53"/km
11.	303	00:03:05	00:32:53	338m	9'07"/km
12.	302	00:01:36	00:34:29	228m	7'01"/km
13.	337	00:02:01	00:36:30	268m	7'31"/km
14.	339	00:01:46	00:38:16	270m	6'33"/km
15.	336	00:02:13	00:40:29	269m	8'14"/km
16.	327	00:01:34	00:42:03	202m	7'45"/km
17.	307	00:03:54	00:45:57	688m	5'40"/km
18.	305	00:02:19	00:48:16	210m	11'02"/km
19.	348	00:12:15	01:00:31	1506m	8'08"/km
20.	354	00:02:05	01:02:36	238m	8'45"/km
21.	353	00:02:33	01:05:09	370m	6'54"/km
22.	321	00:01:34	01:06:43	142m	11'02"/km
23.	350	00:01:09	01:07:52	199m	5'47"/km
24.	320	00:02:49	01:10:41	433m	6'30"/km
25.	323	00:03:35	01:14:16	300m	11'57"/km
26.	325	00:04:43	01:18:59	456m	10'21"/km
27.	31	00:01:58	01:20:57	483m	4'04"/km
28.	999	00:00:23	01:21:20	77m	4'59"/km

Orienteeering Software