



TRAIL RUN PARADISE - ETAPA 4
MARECHAL DEODORO - AL 16.7.2023
TRAIL RUN PARADISE

Gilson Lopes da Silva

TEAM ÁGUIA RUNNER

Course : 12 KM SOLO MASCULINO 50-59

Distance : 11000m (Climbing 207m)

Time : 1:39:36,324 (9'03"/km)

10/13

O.K.

[Full result on Webres](#)

- | | |
|---------------------------------------|-------------|
| 1. Ricardo Valdemar Dos Santos Santos | 1:04:56,039 |
| 2. Ernande Alves De Lima | 1:06:59,304 |
| 3. Jose Ronaldo | 1:15:04,582 |

