



TRAIL RUN PARADISE - ETAPA 4
MARECHAL DEODORO - AL 16.7.2023
TRAIL RUN PARADISE

Gilson Lopes da Silva

TEAM ÁGUIA RUNNER

Course : 12 KM SOLO MASCULINO

Distance : 11000m (Climbing 207m)

Time : 1:39:36,324 (9'03"/km)

41/53

O.K.

[Full result on Webres](#)

- | | |
|------------------------------|-------------|
| 1. José Carlos Santos Soares | 0:53:26,230 |
| 2. Carlos Serafim | 1:01:13,230 |
| 3. Rafael João Da Silva João | 1:02:53,843 |

