



TRAIL RUN PARADISE - ETAPA 4

MARECHAL DEODORO - AL 16.7.2023

TRAIL RUN PARADISE

Cícero Costa

TRAIL RUN PARADISE

Course : 12 KM SOLO MASCULINO

Distance : 11000m (Climbing 207m)

Time : 1:38:59,316 (9'00"/km)

40/53

O.K.

[Full result on Webres](#)

- | | |
|------------------------------|-------------|
| 1. José Carlos Santos Soares | 0:53:26,230 |
| 2. Carlos Serafim | 1:01:13,230 |
| 3. Rafael João Da Silva João | 1:02:53,843 |

HELGA



Orienteering Software