



Treino Clube do Exército
Sede Lago (Brasília - DF) 8.7.2023
Indiv.

Sofia Gijom

Indiv.

Course : DB-CE

Distance : 1700m (Climbing 26m)

Time : 0:17:21 (10'12"/km)

1/6

O.K.

[Full result on Webres](#)

2. Fernanda Gomes 0:22:25
3. Alessandra Garcia De Oliveira Fernandes 0:23:55

1.	31	00:01:37		63m	25'40"/km
2.	32	00:00:34	00:02:11	54m	10'30"/km
3.	33	00:04:02	00:06:13	82m	49'11"/km
4.	40	00:00:27	00:06:40	66m	6'49"/km
5.	37	00:00:54	00:07:34	131m	6'52"/km
6.	50	00:02:12	00:09:46	159m	13'50"/km
7.	51	00:02:40	00:12:26	126m	21'10"/km
8.	41	00:01:30	00:13:56	116m	12'56"/km
9.	45	00:01:45	00:15:41	46m	38'03"/km
10.	34	00:00:17	00:15:58	37m	7'39"/km
11.	42	00:00:18	00:16:16	53m	5'40"/km
12.	46	00:00:31	00:16:47	45m	11'29"/km
13.	999	00:00:34	00:17:21	72m	7'52"/km

HELGA

Orienteering Software