



### 3 Days of Belgium - Day 3

Daverdisse 2.7.2023

### Balise 10

**Jacques FLAMENT**

ASUB

Course : H75

Distance : 3500m (Climbing 65m)

Time : 0:56:51 (16'15"/km)

**9/18**

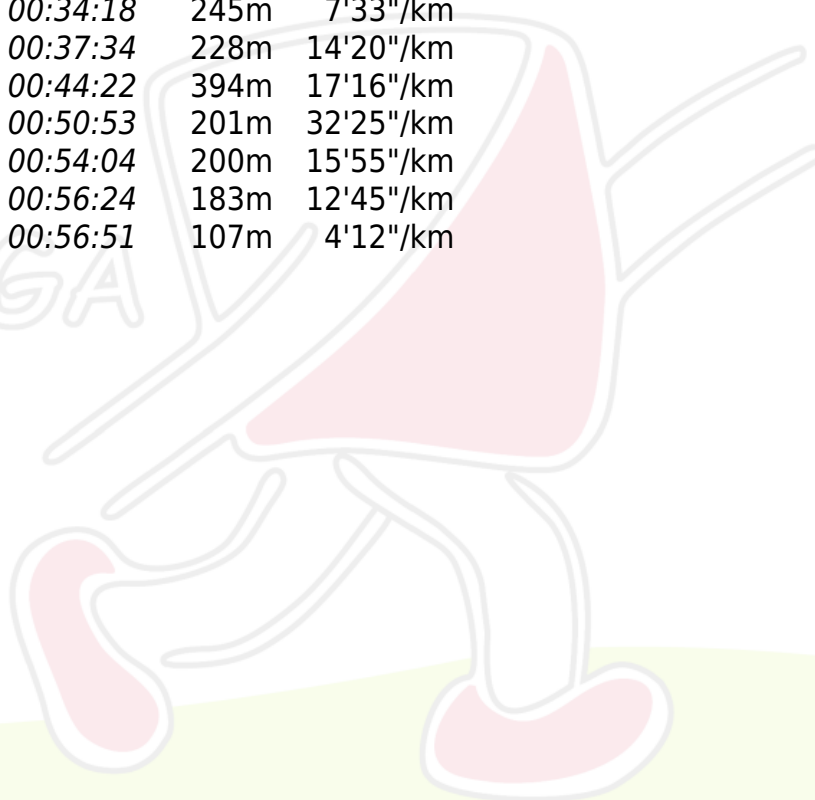
O.K.

[Full result on Webres](#)

|                     |         |
|---------------------|---------|
| 1. Freddy SILLIEN   | 0:29:38 |
| 2. Daniel TESSIER   | 0:36:51 |
| 3. Mike IN 'T GROEN | 0:41:53 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 230 | 00:06:15 |          | 342m | 18'16"/km |
| 2.  | 212 | 00:05:18 | 00:11:33 | 396m | 13'23"/km |
| 3.  | 253 | 00:02:58 | 00:14:31 | 154m | 19'16"/km |
| 4.  | 246 | 00:09:48 | 00:24:19 | 559m | 17'32"/km |
| 5.  | 192 | 00:01:18 | 00:25:37 | 94m  | 13'50"/km |
| 6.  | 190 | 00:03:12 | 00:28:49 | 198m | 16'10"/km |
| 7.  | 247 | 00:03:38 | 00:32:27 | 281m | 12'56"/km |
| 8.  | 248 | 00:01:51 | 00:34:18 | 245m | 7'33"/km  |
| 9.  | 175 | 00:03:16 | 00:37:34 | 228m | 14'20"/km |
| 10. | 201 | 00:06:48 | 00:44:22 | 394m | 17'16"/km |
| 11. | 250 | 00:06:31 | 00:50:53 | 201m | 32'25"/km |
| 12. | 251 | 00:03:11 | 00:54:04 | 200m | 15'55"/km |
| 13. | 255 | 00:02:20 | 00:56:24 | 183m | 12'45"/km |
| 14. | 999 | 00:00:27 | 00:56:51 | 107m | 4'12"/km  |

HELGA



Orienteering Software