



## 3 Days of Belgium - Day 1

Daverdisse 30.6.2023

### Balise 10

**Natascha SPATHMANN**

K.O.L.

Circuit : D40

Distance : 4300m (Dénivelé 60m)

Temps : 1:34:09 (21'54"/km)

**11/19**

O.K.

[Résultats complets sur Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Catherine HOOFD  | 0:39:33 |
| 2. Lieke VAN OPSTAL | 0:41:50 |
| 3. Marieke ADDIERS  | 0:48:33 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 166 | 00:11:10 |          | 267m | 41'49"/km |
| 2.  | 216 | 00:08:46 | 00:19:56 | 202m | 43'24"/km |
| 3.  | 192 | 00:04:11 | 00:24:07 | 249m | 16'48"/km |
| 4.  | 175 | 00:06:05 | 00:30:12 | 416m | 14'37"/km |
| 5.  | 217 | 00:06:25 | 00:36:37 | 443m | 14'29"/km |
| 6.  | 168 | 00:08:56 | 00:45:33 | 135m | 66'10"/km |
| 7.  | 248 | 00:15:50 | 01:01:23 | 337m | 46'59"/km |
| 8.  | 227 | 00:03:23 | 01:04:46 | 266m | 12'43"/km |
| 9.  | 176 | 00:04:11 | 01:08:57 | 402m | 10'24"/km |
| 10. | 221 | 00:01:11 | 01:10:08 | 105m | 11'16"/km |
| 11. | 219 | 00:05:27 | 01:15:35 | 380m | 14'21"/km |
| 12. | 179 | 00:08:00 | 01:23:35 | 245m | 32'39"/km |
| 13. | 203 | 00:03:49 | 01:27:24 | 215m | 17'45"/km |
| 14. | 195 | 00:01:50 | 01:29:14 | 108m | 16'59"/km |
| 15. | 202 | 00:03:15 | 01:32:29 | 302m | 10'46"/km |
| 16. | 255 | 00:01:15 | 01:33:44 | 150m | 8'20"/km  |
| 17. | 999 | 00:00:25 | 01:34:09 | 95m  | 4'23"/km  |

Orienteering Software