



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Sandra OLIVIER

7716IF BALISE 77

Circuit : J

Distance : 5000m (Dénivelé 70m)

Temps : 0:57:10 (11'26"/km)

8/55

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Marie-Christine BRAULT | 0:48:00 |
| 2. Martine WIBART | 0:50:27 |
| 3. Oriane MARCON | 0:51:19 |

1.	47	00:02:49		304m	9'16"/km
2.	36	00:03:16	00:06:05	309m	10'34"/km
3.	38	00:05:05	00:11:10	520m	9'47"/km
4.	58	00:04:02	00:15:12	469m	8'36"/km
5.	49	00:01:23	00:16:35	77m	17'58"/km
6.	43	00:05:51	00:22:26	63m	92'51"/km
7.	112	00:14:42	00:37:08	1307m	11'15"/km
8.	48	00:02:03	00:39:11	232m	8'50"/km
9.	110	00:05:24	00:44:35	202m	26'44"/km
10.	54	00:02:08	00:46:43	259m	8'14"/km
11.	34	00:08:37	00:55:20	811m	10'37"/km
12.	255	00:01:22	00:56:42	233m	5'52"/km
13.	999	00:00:28	00:57:10	155m	3'01"/km

HELGA

Orienteering Software