



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Marie BONDIVENNE

6408NA COOL

Circuit : J

Distance : 5000m (Dénivelé 70m)

Temps : 0:52:52 (10'34"/km)

4/55

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Marie-Christine BRAULT | 0:48:00 |
| 2. Martine WIBART | 0:50:27 |
| 3. Oriane MARCON | 0:51:19 |

1.	47	00:03:45		304m	12'20"/km
2.	36	00:02:57	00:06:42	309m	9'33"/km
3.	38	00:04:58	00:11:40	520m	9'33"/km
4.	58	00:05:24	00:17:04	469m	11'31"/km
5.	49	00:00:37	00:17:41	77m	8'01"/km
6.	43	00:00:52	00:18:33	63m	13'45"/km
7.	112	00:14:51	00:33:24	1307m	11'22"/km
8.	48	00:02:13	00:35:37	232m	9'33"/km
9.	110	00:02:09	00:37:46	202m	10'39"/km
10.	54	00:03:16	00:41:02	259m	12'37"/km
11.	34	00:09:36	00:50:38	811m	11'50"/km
12.	255	00:01:36	00:52:14	233m	6'52"/km
13.	999	00:00:38	00:52:52	155m	4'05"/km

HELGA

Orienteering Software