



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Yannick RIO

5609BR COPV

Circuit : I2

Distance : 6390m (Dénivelé 110m)

Temps : 1:09:30 (10'53"/km)

17/48

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------|---------|
| 1. Serge GRILLET | 0:46:49 |
| 2. Philippe PAGE | 0:48:01 |
| 3. Joël POULAIN | 0:50:34 |

1.	80	00:02:23		202m	11'48"/km
2.	45	00:03:57	00:06:20	375m	10'32"/km
3.	89	00:08:34	00:14:54	778m	11'01"/km
4.	42	00:02:11	00:17:05	240m	9'06"/km
5.	43	00:01:35	00:18:40	155m	10'13"/km
6.	98	00:05:42	00:24:22	538m	10'36"/km
7.	95	00:16:18	00:40:40	1218m	13'23"/km
8.	116	00:01:41	00:42:21	198m	8'30"/km
9.	53	00:01:38	00:43:59	173m	9'26"/km
10.	105	00:07:37	00:51:36	568m	13'25"/km
11.	104	00:16:03	01:07:39	1497m	10'43"/km
12.	255	00:01:20	01:08:59	234m	5'42"/km
13.	999	00:00:31	01:09:30	155m	3'20"/km

HELGA

Orienteering Software