



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Luc MELIS

Pass' Compétition

Circuit : I2

Distance : 6390m (Dénivelé 110m)

Temps : 0:57:03 (8'56"/km)

7/48

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------|---------|
| 1. Serge GRILLET | 0:46:49 |
| 2. Philippe PAGE | 0:48:01 |
| 3. Joël POULAIN | 0:50:34 |

1.	80	00:01:27		202m	7'11"/km
2.	45	00:02:13	00:03:40	375m	5'55"/km
3.	89	00:07:29	00:11:09	778m	9'37"/km
4.	42	00:03:21	00:14:30	240m	13'58"/km
5.	43	00:00:58	00:15:28	155m	6'14"/km
6.	98	00:04:34	00:20:02	538m	8'29"/km
7.	115	00:15:47	00:35:49	1216m	12'59"/km
8.	95	00:00:26	00:36:15		
9.	116	00:01:12	00:37:27	198m	6'04"/km
10.	53	00:01:09	00:38:36	173m	6'39"/km
11.	105	00:05:09	00:43:45	568m	9'04"/km
12.	104	00:11:33	00:55:18	1497m	7'43"/km
13.	255	00:01:14	00:56:32	234m	5'16"/km
14.	999	00:00:31	00:57:03	155m	3'20"/km

HELGA

Orienteering Software