



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Anthony COX

9105IF COLE

Circuit : I2

Distance : 6390m (Dénivelé 110m)

Temps : 0:56:27 (8'50"/km)

5/48

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------|---------|
| 1. Serge GRILLET | 0:46:49 |
| 2. Philippe PAGE | 0:48:01 |
| 3. Joël POULAIN | 0:50:34 |

1.	80	00:01:55		202m	9'29"/km
2.	45	00:02:56	00:04:51	375m	7'49"/km
3.	89	00:07:12	00:12:03	778m	9'15"/km
4.	42	00:01:43	00:13:46	240m	7'09"/km
5.	43	00:01:04	00:14:50	155m	6'53"/km
6.	98	00:04:55	00:19:45	538m	9'08"/km
7.	95	00:14:21	00:34:06	1218m	11'47"/km
8.	116	00:01:30	00:35:36	198m	7'35"/km
9.	53	00:01:23	00:36:59	173m	8'00"/km
10.	105	00:05:15	00:42:14	568m	9'15"/km
11.	104	00:12:21	00:54:35	1497m	8'15"/km
12.	255	00:01:18	00:55:53	234m	5'33"/km
13.	999	00:00:34	00:56:27	155m	3'39"/km

HELGA

Orienteering Software