



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Hélène MADRANGES

3318NA ASM CO

Circuit : H

Distance : 6320m (Dénivelé 100m)

Temps : 1:37:14 (15'23"/km)

30/48

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Marianne PAULY | 0:55:04 |
| 2. Nancy WENDERICKX | 1:00:02 |
| 3. Sophie DUVERNAY | 1:06:00 |

1.	73	00:03:10		212m	14'56"/km
2.	44	00:01:06	00:04:16		
3.	41	00:12:46	00:17:02	1076m	11'52"/km
4.	43	00:03:01	00:20:03		
5.	42	00:02:48	00:22:51	155m	18'04"/km
6.	43	00:01:21	00:24:12	155m	8'43"/km
7.	98	00:08:18	00:32:30	538m	15'26"/km
8.	95	00:23:22	00:55:52	1218m	19'11"/km
9.	116	00:02:31	00:58:23	198m	12'43"/km
10.	53	00:02:03	01:00:26	173m	11'51"/km
11.	117	00:04:00	01:04:26	192m	20'50"/km
12.	39	00:05:35	01:10:01	387m	14'26"/km
13.	101	00:23:47	01:33:48	1440m	16'31"/km
14.	78	00:01:48	01:35:36		
15.	255	00:00:52	01:36:28	248m	3'30"/km
16.	999	00:00:46	01:37:14	155m	4'57"/km

Orienteering Software