



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Carlos GIL SILVEIRA

9404IF AS IGN

Circuit : G

Distance : 9050m (Dénivelé 160m)

Temps : 1:49:27 (12'06"/km)

42/65

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Pierre LAUTRETE | 1:01:44 |
| 2. Guilhem SANT | 1:06:48 |
| 3. Clotaire ZANATTA | 1:08:22 |

1.	127	00:19:42		1828m	10'47"/km
2.	91	00:03:17	00:22:59	343m	9'34"/km
3.	94	00:03:32	00:26:31	341m	10'22"/km
4.	120	00:00:47	00:27:18	91m	8'36"/km
5.	102	00:01:01	00:28:19	106m	9'35"/km
6.	55	00:25:16	00:53:35	2291m	11'02"/km
7.	95	00:14:32	01:08:07	866m	16'47"/km
8.	60	00:02:18	01:10:25	166m	13'51"/km
9.	53	00:02:24	01:12:49	241m	9'58"/km
10.	57	00:13:42	01:26:31	466m	29'24"/km
11.	50	00:08:13	01:34:44	709m	11'35"/km
12.	101	00:12:16	01:47:00	1131m	10'51"/km
13.	255	00:01:51	01:48:51	253m	7'19"/km
14.	999	00:00:36	01:49:27	155m	3'52"/km

HELGA

Orienteering Software