



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Sophie SANJUAN COMPANYS

31050C TOAC Orientatio

Circuit : F

Distance : 7300m (Dénivelé 85m)

Temps : 2:03:22 (16'54"/km)

21/23

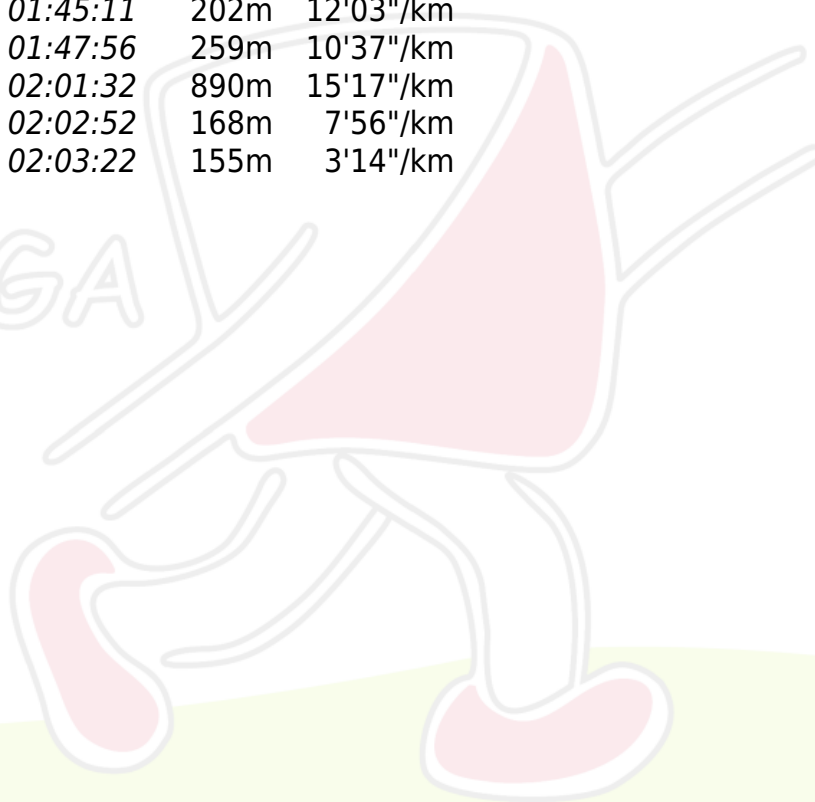
O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Marie COMPAGNON | 1:00:19 |
| 2. Sandra LEFUMAT | 1:03:25 |
| 3. Aitana LERTXUNDI | 1:05:30 |

1.	100	00:07:53		583m	13'31"/km
2.	131	00:12:48	00:20:41	592m	21'37"/km
3.	130	00:24:28	00:45:09	920m	26'36"/km
4.	120	00:10:43	00:55:52	397m	27'00"/km
5.	102	00:04:26	01:00:18	106m	41'49"/km
6.	133	00:37:58	01:38:16	2672m	14'13"/km
7.	48	00:04:29	01:42:45	299m	15'00"/km
8.	110	00:02:26	01:45:11	202m	12'03"/km
9.	54	00:02:45	01:47:56	259m	10'37"/km
10.	107	00:13:36	02:01:32	890m	15'17"/km
11.	255	00:01:20	02:02:52	168m	7'56"/km
12.	999	00:00:30	02:03:22	155m	3'14"/km

HELGA



Orienteering Software