



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Bénédicte GUILLON

3308NA SAGC CESTAS

Circuit : F

Distance : 7300m (Dénivelé 85m)

Temps : 1:58:30 (16'14"/km)

18/23

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Marie COMPAGNON | 1:00:19 |
| 2. Sandra LEFUMAT | 1:03:25 |
| 3. Aitana LERTXUNDI | 1:05:30 |

1.	100	00:09:50		583m	16'52"/km
2.	131	00:14:09	00:23:59	592m	23'54"/km
3.	130	00:13:55	00:37:54	920m	15'08"/km
4.	120	00:08:53	00:46:47	397m	22'23"/km
5.	102	00:02:14	00:49:01	106m	21'04"/km
6.	133	00:43:40	01:32:41	2672m	16'21"/km
7.	48	00:04:34	01:37:15	299m	15'16"/km
8.	110	00:03:09	01:40:24	202m	15'36"/km
9.	54	00:02:57	01:43:21	259m	11'23"/km
10.	107	00:13:00	01:56:21	890m	14'36"/km
11.	255	00:01:26	01:57:47	168m	8'32"/km
12.	999	00:00:43	01:58:30	155m	4'37"/km

HELGA

Orienteering Software