



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Sandra LEFUMAT

3323NA US CENON CO

Circuit : F

Distance : 7300m (Dénivelé 85m)

Temps : 1:03:25 (8'41"/km)

2/23

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Marie COMPAGNON | 1:00:19 |
| 3. Aitana LERTXUNDI | 1:05:30 |

1.	100	00:04:21		583m	7'28"/km
2.	131	00:06:26	00:10:47	592m	10'52"/km
3.	130	00:07:15	00:18:02	920m	7'53"/km
4.	120	00:03:54	00:21:56	397m	9'49"/km
5.	102	00:01:04	00:23:00	106m	10'04"/km
6.	133	00:25:10	00:48:10	2672m	9'25"/km
7.	48	00:02:36	00:50:46	299m	8'42"/km
8.	110	00:01:52	00:52:38	202m	9'14"/km
9.	54	00:02:04	00:54:42	259m	7'59"/km
10.	107	00:07:18	01:02:00	890m	8'12"/km
11.	255	00:00:59	01:02:59	168m	5'51"/km
12.	999	00:00:26	01:03:25	155m	2'48"/km

HELGA

Orienteering Software