



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Julien GARDEUR

7716IF BALISE 77

Circuit : E

Distance : 11120m (Dénivelé 190m)

Temps : 2:28:34 (13'22"/km)

28/34

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Jean-Michel PARZYCH | 1:08:18 |
| 2. Matthieu BARRIERE | 1:12:23 |
| 3. Martin MOTTET | 1:13:47 |

1.	90	00:18:00		1567m	11'29"/km
2.	103	00:06:08	00:24:08	264m	23'14"/km
3.	97	00:10:05	00:34:13	769m	13'07"/km
4.	92	00:03:36	00:37:49	212m	16'59"/km
5.	93	00:02:59	00:40:48	203m	14'42"/km
6.	94	00:04:57	00:45:45	191m	25'55"/km
7.	88	00:02:06	00:47:51	154m	13'38"/km
8.	89	00:20:09	01:08:00	1682m	11'59"/km
9.	41	00:00:43	01:08:43	58m	12'21"/km
10.	42	00:02:11	01:10:54	232m	9'25"/km
11.	49	00:01:43	01:12:37	132m	13'00"/km
12.	38	00:06:09	01:18:46	467m	13'10"/km
13.	115	00:22:35	01:41:21	1549m	14'35"/km
14.	79	00:08:22	01:49:43	516m	16'13"/km
15.	72	00:02:43	01:52:26	184m	14'46"/km
16.	53	00:02:26	01:54:52	199m	12'14"/km
17.	57	00:07:07	02:01:59	466m	15'16"/km
18.	105	00:06:02	02:08:01	329m	18'20"/km
19.	104	00:18:15	02:26:16	1497m	12'11"/km
20.	255	00:01:41	02:27:57	234m	7'12"/km
21.	999	00:00:37	02:28:34	155m	3'59"/km

Orienteering Software