



Nationale Sud-Ouest 2023 - Longue distance

Lit-et-Mixe 18.6.2023

4012NA B.R.O.S

Benjamin GANTCH

3319NA SMOG

Circuit : E

Distance : 11120m (Dénivelé 190m)

Temps : 2:03:59 (11'09"/km)

25/34

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Jean-Michel PARZYCH | 1:08:18 |
| 2. Matthieu BARRIERE | 1:12:23 |
| 3. Martin MOTTET | 1:13:47 |

1.	90	00:13:34		1567m	8'39"/km
2.	103	00:05:01	00:18:35	264m	19'00"/km
3.	97	00:07:51	00:26:26	769m	10'12"/km
4.	92	00:02:16	00:28:42	212m	10'42"/km
5.	93	00:02:45	00:31:27	203m	13'33"/km
6.	94	00:02:49	00:34:16	191m	14'45"/km
7.	88	00:01:43	00:35:59	154m	11'09"/km
8.	89	00:15:20	00:51:19	1682m	9'07"/km
9.	41	00:00:38	00:51:57	58m	10'55"/km
10.	42	00:01:49	00:53:46	232m	7'50"/km
11.	49	00:01:27	00:55:13	132m	10'59"/km
12.	38	00:04:40	00:59:53	467m	10'00"/km
13.	115	00:19:12	01:19:05	1549m	12'24"/km
14.	79	00:08:09	01:27:14	516m	15'48"/km
15.	72	00:01:54	01:29:08	184m	10'20"/km
16.	53	00:01:34	01:30:42	199m	7'52"/km
17.	57	00:07:14	01:37:56	466m	15'31"/km
18.	105	00:03:57	01:41:53	329m	12'00"/km
19.	104	00:19:28	02:01:21	1497m	13'00"/km
20.	255	00:02:14	02:03:35	234m	9'33"/km
21.	999	00:00:24	02:03:59	155m	2'35"/km

Orienteering Software