



Nationale Sud-Ouest 2023 - Longue distance

Lit-et-Mixe 18.6.2023

4012NA B.R.O.S

Adam BANAKIEWICZ

4403PL NAO

Circuit : E

Distance : 11120m (Dénivelé 190m)

Temps : 1:25:04 (7'39"/km)

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O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Jean-Michel PARZYCH | 1:08:18 |
| 2. Matthieu BARRIERE | 1:12:23 |
| 3. Martin MOTTET | 1:13:47 |

1.	90	00:09:54		1567m	6'19"/km
2.	103	00:04:02	00:13:56	264m	15'17"/km
3.	97	00:04:46	00:18:42	769m	6'12"/km
4.	92	00:01:44	00:20:26	212m	8'11"/km
5.	93	00:01:22	00:21:48	203m	6'44"/km
6.	94	00:02:22	00:24:10	191m	12'23"/km
7.	88	00:01:21	00:25:31	154m	8'46"/km
8.	89	00:11:59	00:37:30	1682m	7'07"/km
9.	41	00:00:35	00:38:05	58m	10'03"/km
10.	42	00:01:11	00:39:16	232m	5'06"/km
11.	49	00:00:53	00:40:09	132m	6'42"/km
12.	38	00:03:06	00:43:15	467m	6'38"/km
13.	115	00:16:30	00:59:45	1549m	10'39"/km
14.	79	00:04:46	01:04:31	516m	9'14"/km
15.	72	00:01:19	01:05:50	184m	7'09"/km
16.	53	00:01:25	01:07:15	199m	7'07"/km
17.	57	00:03:48	01:11:03	466m	8'09"/km
18.	105	00:02:42	01:13:45	329m	8'12"/km
19.	104	00:09:41	01:23:26	1497m	6'28"/km
20.	78	00:00:44	01:24:10		
21.	255	00:00:31	01:24:41	248m	2'05"/km
22.	999	00:00:23	01:25:04	155m	2'28"/km

Orienteering Software