



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Capucine ROSSARD

2407NA POP

Circuit : D

Distance : 6830m (Dénivelé 100m)

Temps : 1:10:14 (10'17"/km)

2/9

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Violette DUPUY | 0:55:41 |
| 3. Astrid DUMAIL | 1:26:22 |

1.	73	00:03:34		212m	16'49"/km
2.	68	00:22:56	00:26:30	2098m	10'56"/km
3.	67	00:07:01	00:33:31	529m	13'16"/km
4.	114	00:04:06	00:37:37	423m	9'42"/km
5.	60	00:08:11	00:45:48		
6.	62	00:00:36	00:46:24		
7.	53	00:02:06	00:48:30	292m	7'12"/km
8.	39	00:06:22	00:54:52	565m	11'16"/km
9.	50	00:02:49	00:57:41	309m	9'07"/km
10.	104	00:10:54	01:08:35	1103m	9'53"/km
11.	78	00:00:39	01:09:14		
12.	255	00:00:34	01:09:48	248m	2'17"/km
13.	999	00:00:26	01:10:14	155m	2'48"/km

HELGA

Orienteering Software