

3º Treino COABOM
Região da Pedreira-Caldazinha 25.6.2023
Indiv.

Ludmilla Borges E Azevedo

Clube de Orientação Amigos dos
Bombeiros

Course : D21B

Distance : 2400m

Time : 1:52:29 (46'52"/km)

4/4

O.K.

[Full result on Webres](#)

- | | |
|-------------------------------------|---------|
| 1. Camilla Benevides Freitas | 1:04:32 |
| 2. Sandra Cristina dos Santos Gomes | 1:26:19 |
| 3. Katia Moreira De Moura | 1:29:37 |

1.	31	00:07:52		151m	52'06"/km
2.	35	00:06:29	00:14:21	239m	27'08"/km
3.	37	00:21:44	00:36:05	182m	119'25"/km
4.	36	00:06:22	00:42:27	156m	40'49"/km
5.	42	00:08:56	00:51:23	254m	35'10"/km
6.	40	00:05:24	00:56:47	231m	23'23"/km
7.	43	00:09:47	01:06:34	174m	56'14"/km
8.	44	00:04:51	01:11:25	149m	32'33"/km
9.	49	00:27:39	01:39:04		
10.	51	00:05:27	01:44:31	246m	22'09"/km
11.	52	00:05:51	01:50:22	186m	31'27"/km
12.	999	00:02:07	01:52:29	74m	28'36"/km

HELGA

Orienteering Software