



Regionaler MD

Emmels-Eidt 24.6.2023

O.L.G. St. Vith ARDOC

Pawel PRUSKOWSKI

K.O.L.

Course : H:Noir Long

Distance : 6480m (Climbing 75m)

Time : 1:30:02 (13'54"/km)

21/27

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Thibaut ROBINSON | 0:45:11 |
| 2. Jérémy BREDO | 0:48:42 |
| 3. Guido LENGES | 0:50:24 |

1.	54	00:02:19		246m	9'25"/km
2.	55	00:05:53	00:08:12	437m	13'28"/km
3.	56	00:07:28	00:15:40	264m	28'17"/km
4.	57	00:03:02	00:18:42	338m	8'58"/km
5.	58	00:10:21	00:29:03	302m	34'16"/km
6.	59	00:01:44	00:30:47	100m	17'20"/km
7.	60	00:02:34	00:33:21	203m	12'39"/km
8.	61	00:07:10	00:40:31	558m	12'51"/km
9.	75	00:04:40	00:45:11	304m	15'21"/km
10.	76	00:03:02	00:48:13	227m	13'22"/km
11.	77	00:02:35	00:50:48	283m	9'08"/km
12.	78	00:06:07	00:56:55	333m	18'22"/km
13.	79	00:07:22	01:04:17	729m	10'06"/km
14.	80	00:01:08	01:05:25	123m	9'13"/km
15.	81	00:00:40	01:06:05	94m	7'06"/km
16.	82	00:02:16	01:08:21	134m	16'55"/km
17.	83	00:02:11	01:10:32	130m	16'48"/km
18.	84	00:02:27	01:12:59	245m	10'00"/km
19.	85	00:02:31	01:15:30	251m	10'02"/km
20.	87	00:02:54	01:18:24	104m	27'53"/km
21.	88	00:03:11	01:21:35	208m	15'18"/km
22.	89	00:01:13	01:22:48	168m	7'15"/km
23.	92	00:05:40	01:28:28	421m	13'28"/km
24.	165	00:01:12	01:29:40	148m	8'06"/km
25.	999	00:00:22	01:30:02	79m	4'38"/km

Orienteering Software