



Lenteloop Westerwijk

Son 21.6.2023

KOVZ

Frederik MEYNEN

hamok

Omloop : H:01

Afstand : 5900m

Tijd : 0:45:26 (7'42"/km)

3/28

O.K.

[Volledige uitslagen op Webres](#)

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|------------------|---------|
| 1. Nico CEUNEN | 0:38:05 |
| 2. Arno KEUPPENS | 0:45:14 |

1.	101	00:01:19		180m	7'19"/km
2.	102	00:01:13	00:02:32	184m	6'37"/km
3.	103	00:01:47	00:04:19	321m	5'33"/km
4.	104	00:01:20	00:05:39	145m	9'12"/km
5.	105	00:02:30	00:08:09	392m	6'23"/km
6.	107	00:02:31	00:10:40	304m	8'17"/km
7.	108	00:01:38	00:12:18	186m	8'47"/km
8.	109	00:01:59	00:14:17	235m	8'26"/km
9.	110	00:01:21	00:15:38	148m	9'07"/km
10.	107	00:02:20	00:17:58	287m	8'08"/km
11.	111	00:01:30	00:19:28	183m	8'12"/km
12.	112	00:03:13	00:22:41	438m	7'21"/km
13.	113	00:01:41	00:24:22	204m	8'15"/km
14.	114	00:02:05	00:26:27	218m	9'33"/km
15.	115	00:02:01	00:28:28	176m	11'28"/km
16.	116	00:01:30	00:29:58	243m	6'10"/km
17.	117	00:01:29	00:31:27	210m	7'04"/km
18.	118	00:03:18	00:34:45	308m	10'43"/km
19.	119	00:01:17	00:36:02	164m	7'50"/km
20.	120	00:01:26	00:37:28	191m	7'30"/km
21.	117	00:01:57	00:39:25	296m	6'35"/km
22.	121	00:01:11	00:40:36	145m	8'10"/km
23.	122	00:02:29	00:43:05	355m	7'00"/km
24.	123	00:00:48	00:43:53	115m	6'57"/km
25.	124	00:01:00	00:44:53	170m	5'53"/km
26.	999	00:00:33	00:45:26	104m	5'17"/km

Orienteering Software