



Training Botrange

Botrange 11.6.2023

OLV Eifel

Patrick HOCK

O.L.G. St. Vith ARDOC

Course : LD

Distance : 7000m (Climbing 150m)

Time : 1:38:53 (14'08"/km)

9/17

O.K.

[Full result on Webres](#)

1. Michel BASTIN	1:06:19
2. Christophe BERNARD	1:16:52
3. Olivier CHATLAIN	1:27:40

1.	75	00:04:44		529m	8'57"/km
2.	76	00:07:15	00:11:59	728m	9'58"/km
3.	77	00:05:37	00:17:36	497m	11'18"/km
4.	78	00:01:00	00:18:36	97m	10'19"/km
5.	79	00:03:41	00:22:17	309m	11'55"/km
6.	80	00:02:41	00:24:58	293m	9'09"/km
7.	81	00:03:19	00:28:17	344m	9'38"/km
8.	82	00:01:48	00:30:05	230m	7'50"/km
9.	83	00:04:18	00:34:23	221m	19'27"/km
10.	84	00:05:43	00:40:06	276m	20'43"/km
11.	85	00:08:09	00:48:15	341m	23'54"/km
12.	86	00:03:20	00:51:35	144m	23'09"/km
13.	95	00:08:16	00:59:51	461m	17'56"/km
14.	88	00:04:36	01:04:27	531m	8'40"/km
15.	87	00:10:30	01:14:57	301m	34'53"/km
16.	89	00:04:13	01:19:10	444m	9'30"/km
17.	90	00:06:06	01:25:16	262m	23'17"/km
18.	91	00:05:30	01:30:46	208m	26'27"/km
19.	92	00:03:47	01:34:33	413m	9'10"/km
20.	93	00:03:06	01:37:39	293m	10'35"/km
21.	999	00:01:14	01:38:53	95m	12'59"/km

Orienteering Software