



Training Botrange

Botrange 11.6.2023

OLV Eifel

Michael HOCK

O.L.G. St. Vith ARDOC

Course : LD

Distance : 7000m (Climbing 150m)

Time : 1:30:59 (13'00"/km)

5/17

O.K.

[Full result on Webres](#)

1. Michel BASTIN	1:06:19
2. Christophe BERNARD	1:16:52
3. Olivier CHATLAIN	1:27:40

1.	75	00:04:09		529m	7'51"/km
2.	76	00:07:26	00:11:35	728m	10'13"/km
3.	77	00:07:08	00:18:43	497m	14'21"/km
4.	78	00:01:11	00:19:54	97m	12'12"/km
5.	79	00:03:41	00:23:35	309m	11'55"/km
6.	80	00:02:55	00:26:30	293m	9'57"/km
7.	81	00:03:06	00:29:36	344m	9'01"/km
8.	82	00:01:41	00:31:17	230m	7'19"/km
9.	83	00:03:08	00:34:25	221m	14'11"/km
10.	84	00:04:51	00:39:16	276m	17'34"/km
11.	85	00:07:31	00:46:47	341m	22'03"/km
12.	86	00:04:09	00:50:56	144m	28'49"/km
13.	95	00:04:51	00:55:47	461m	10'31"/km
14.	88	00:03:32	00:59:19	531m	6'39"/km
15.	87	00:09:40	01:08:59	301m	32'07"/km
16.	89	00:03:49	01:12:48	444m	8'36"/km
17.	90	00:04:36	01:17:24	262m	17'33"/km
18.	91	00:05:28	01:22:52	208m	26'17"/km
19.	92	00:04:10	01:27:02	413m	10'05"/km
20.	93	00:02:45	01:29:47	293m	9'23"/km
21.	999	00:01:12	01:30:59	95m	12'38"/km

Orienteering Software