

VK Mixed Sprint Aflossing

Fort V Edegem 11.6.2023

Antwerp Orienteers

Lennert LENS

hamok

Omloop : OV Mixed Relay Open (#1)

Tijd : 0:21:09 (6'39"/km)

2/17

O.K.

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|----------------|---------|
| 1. ANTWERP O 1 | 0:59:09 |
| 2. TROL 1 | 1:00:47 |
| 3. HAMOK 1 | 1:01:30 |

1.	48	00:01:49		133m	13'40"/km
2.	57	00:00:25	00:02:14	68m	6'08"/km
3.	46	00:00:51	00:03:05	146m	5'49"/km
4.	43	00:00:20	00:03:25	79m	4'13"/km
5.	42	00:00:48	00:04:13	134m	5'58"/km
6.	58	00:01:10	00:05:23	233m	5'00"/km
7.	37	00:03:36	00:08:59	578m	6'14"/km
8.	38	00:00:30	00:09:29	93m	5'23"/km
9.	39	00:02:03	00:11:32	126m	16'16"/km
10.	40	00:00:20	00:11:52	67m	4'59"/km
11.	41	00:00:32	00:12:24	49m	10'53"/km
12.	31	00:02:12	00:14:36	381m	5'46"/km
13.	56	00:00:33	00:15:09	90m	6'07"/km
14.	51	00:01:18	00:16:27	266m	4'53"/km
15.	55	00:01:46	00:18:13	168m	10'31"/km
16.	60	00:00:57	00:19:10	144m	6'36"/km
17.	54	00:00:57	00:20:07	107m	8'53"/km
18.	50	00:00:43	00:20:50	157m	4'34"/km
19.	999	00:00:19	00:21:09	111m	2'51"/km

Orienteering Software